

ELEMENTARY SCHOOL BREAKFAST MENU 2022-2023

1% and Fat-Free Milk Offered Daily		100% Fruit Juice and Fresh Fruit Offered Daily			Whole Grains Served Throughout the Week	
DAY OF THE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 1 1/23, 2/6, 2/27, 3/13, 3/27	Sausage 🐷 or Egg & Cheese Biscuit (V) Poptart Cereal w/ Cheese Stick 100% Fruit Juice Fresh Fruit	Sausage Biscuit 🐷 Mini Bagels (Strawberry) Cereal w/ Cheese stick 100% Fruit Juice Fresh Fruit	French Toast Sticks Breakfast Bun Cereal w/ Cheese Stick 100% Fruit Juice Fresh Fruit	Steak Biscuit Pancake on a Stick Cereal w/ Cheese stick 100% Fruit Juice Fresh Fruit	Chicken Biscuit Frudel (Apple) Cereal w/ Cheese stick 100% Fruit Juice Fresh Fruit	
WEEK 2 1/16, 1/30, 2/13, 3/6, 3/20	Cheese Grits w/ Cheese Toast (V) Mini Pancakes (Maple or Strawberry) Cereal w/ Cheese stick 100% Fruit Juice Fresh Fruit	Steak Biscuit Soft Filled Pastry (Cinnamon) Cereal w/ Cheese stick 100% Fruit Juice Fresh Fruit	Chicken Biscuit Pancake on a Stick Cereal w/ Cheese stick 100% Fruit Juice Fresh Fruit	Breakfast Pizza 🐷 Yogurt w/ Muffin Loaf Cereal w/ Cheese stick 100% Fruit Juice Fresh Fruit	Sausage Biscuit 🐷 Pancake Sandwich Cereal w/ Cheese Stick 100% Fruit Juice Fresh Fruit	

FUEL YOUR FUTURE WITH SCHOOL MEALS!

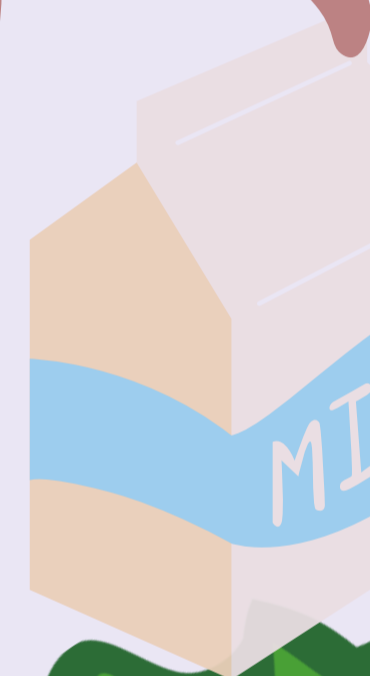
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

BREAKFAST PRICING	STUDENTS:	TEACHERS, STAFF, & GUESTS:	SECOND BREAKFAST:	MILK OR JUICE
		\$1.25	\$1.65	\$1.65

🐷 Pork Item

(V) Vegetarian Option

School Nutrition is Hiring!
Call 770-651-2300



ELEMENTARY SCHOOL LUNCH MENU

2022-2023

1% and Fat-Free Milk Offered Daily		100% Fruit Juice and Fresh Fruit Offered Daily			Whole Grains Served Throughout the Week	
DAY OF THE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 1 1/16, 2/6, 3/6, 3/27	Cheese Pizza (V) Alfredo Pasta (V) Lunch Pal* Veggie Wrap Broccoli Sweet Potato Fries Applesauce	Soft Taco BBQ Sandwich 🐷 Lunch Pal* Chicken Tortilla Soup w/ Grilled Cheese Mexican Corn Refried Beans Sliced Peaches	Breakfast Grit Bowl w/ Biscuit 🐷 Hot Dog Yogurt and Fruit Plate Lunch Pal* Tater Tots Green Beans Mixed Berries Cup	Pizza: Cheese or Pepperoni 🐷 Tater Tot Bowl w/roll Lunch Pal* Turkey Noodle Soup w/ Grilled Cheese Spring Mix Veggies Spinach Baked Diced Pears	Chicken Tenders w/ Macaroni and Cheese Fish Sandwich Lunch Pal* Buffalo Chicken Wrap or Veggie Wrap Glazed Carrots Celery & Carrot Dippers Strawberry Cup	
WEEK 2 1/23, 2/13, 3/13	Three Bean Chili w/ Grilled Cheese (V) PBJ with Cheesestick & Crackers Lunch Pal* Veggie Wrap Mash Potatoes Broccoli Applesauce	Nachos (Queso or Chicken/Beef & Queso) Chicken Alfredo Lunch Pal* Chicken Noodle Soup w/ Grilled Cheese Refried Beans Celery & Carrot Dippers Peach Cup	Chicken & Waffles PBJ w/ Cheese stick & Crackers Yogurt and Fruit Plate Lunch Pal* Broccoli Sweet Potato Fries Mixed Fruit	Orange Chicken w/ Asian Rice Pizza: Cheese or Pepperoni 🐷 Lunch Pal* Broccoli Cheese Soup w/ Grilled Cheese Glazed Carrots Celery Sticks & Grape Tomato Applesauce	Chicken Filet Sandwich Turkey Tetrazini w/roll Lunch Pal* Chicken Caesar Wrap or Veggie Wrap French Fries Green Beans Sliced Peaches	
WEEK 3 1/30, 2/27, 3/20	Fiesta Dip w/ Chips (V) Cheese Stuffed Breadsticks w/ Marinara Lunch Pal* Veggie Wrap Spinach Baked Baby Carrots w/ Dip Mixed Berries Cup	Popcorn Chicken w/roll Hot Ham/Cheese Sandwich 🐷 Lunch Pal* Turkey Noodle Soup w/ Grilled Cheese Baked Beans French Fries Diced Pears	Pizza: Cheese & Pepperoni 🐷 Fish Sandwich Yogurt and Fruit Plate Lunch Pal* Glazed Carrots Caesar Side Salad Strawberry Cup	Teriyaki Chicken w/ Asian Rice Mini Corndogs Lunch Pal* Chicken Tortilla Soup w/ Grilled Cheese Seasoned Corn Mashed Potatoes Applesauce	Cheeseburger Hamburger Tater Tot Bowl w/roll Lunch Pal* Turkey Ranch Wrap or Veggie Wrap Tater Tots Celery & Carrot Dippers Peach Cup	
LUNCH PAL* served at select schools. To find out more information contact your School Nutrition Manager, see Lunch Pal menu on the School Nutrition website under Menus→Lunch Pal, or see posters in the school cafeteria.						
FUELING OUR FUTURE!			THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER			
LUNCH PRICING	STUDENTS:	TEACHERS & STAFF:	GUESTS:	ADDITIONAL ENTRÉE:		
	\$2.25	\$3.75	\$4.00	\$2.25		
SECOND LUNCH: \$3.50			MILK OR JUICE: \$0.60			
🐷 Pork Option		(V) Vegetarian Option				

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